

Figure 2

Estimated percentages of human nutrients from crops that depend on or don't depend on pollination

	Don't depend on pollination	Depend on:	
		Wind or self-pollination	Animal pollination
Protein	83%	14%	3%
Fat	26%	67%	7%
Vitamin A	29%	30%	41%
β -carotene	27%	34%	38%
Vitamin C	7%	73%	20%
Vitamin B ₁	95%	4%	1%
Lycopene	0%	57%	43%
Folate	55%	37%	7%
Calcium	42%	48%	9%
Iron	71%	23%	6%
Potassium	73%	21%	6%

